



DO YOU HAVE ASTHMA?



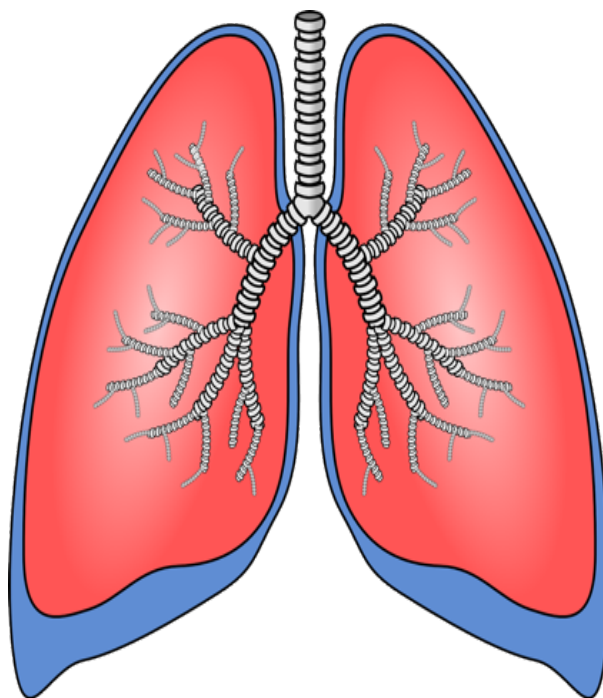
Join our SCORE project

(Set goals, Commit, Optimise asthma control, Reinforce an active lifestyle, Enable to achieve)

What is SCORE?

Fun free after school activities & support to improve your asthma control.

Rewards for good attendance



Can I Join?

Yes if you have asthma that is hard to control & you are aged between 6-16 years old



Please contact

score@alderhey.nhs.uk

to join up or more information



Alder Hey working in collaboration with Liverpool FC Foundation, ComMutual FireFit, Little Yogis Yoga, Merseyside Dance Initiative & Georgina Aasgaard (music & wellbeing practitioner)



COMMUTUAL



LIVERPOOL'S ONLY SUPER YOUTH ZONE

